

STEVE SHYNN

Co-Founder and Director, Good Health Solutions Limited

Steve is a former CEO with over 35 years of diverse experience of working in and leading complex, multi-purpose organisations. He has extensive board level-experience within both public and not-for-profit sectors.

His long track record spans innovating bespoke business solutions, underpinned by considerable expertise in organisational risk and governance, alongside stakeholder engagement across national and local government and local interest groups.

Having spent many years working in a demanding working environment and ignoring related health risks he suffered a serious health event. Now fully recovered he understands what ignoring workplace health can do to Companies and their employees.

Through his personal experiences he is deeply passionate about encouraging and promoting healthy lifestyle choices and how work place initiatives can play an important part in helping to embed good habits that can result in changing employee behaviour which can be sustained both within the workplace and outside.

In 2016 Steve Co founded Good Health Solutions Limited an organisation providing support, advice and services to help employers explore oppurtunities to promote or reinforce healthier working practices and lifestyle choices.